

Ensuring children, youth, and their families have access to mental health resources for wellness and enhanced community integration.



PROJECT HOPE

We provide culturally and linguistically competent services in Asian and Pacific Islander languages that are free of cost to low-income households and underserved communities. We tailor interventions to reduce stigma and risk factors in a considerate manner.

Child and Youth

Care and assistance to those experiencing stress, low mood, social isolation, life transitions, changes in behavior, etc.

Family

Guidance to parents who are overwhelmed, don't know what to do, feel embarrassed for having to reach for help.

Community

Education and information to community members about mental health and available resources.



TYPES OF SUPPORT

- Mental health screenings to identify specific needs
- Crisis Intervention
- Linkage and transition to appropriate services
- Individual support and case management
- Skill-building
- Short-term individual, collateral, group counseling
- Parent partner and education
- Support groups for children and parents
- Educational workshops and presentations
- Informational and consultation booths

If you or someone you know is interested, please call
714-636-6286 for more information.

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